

PERSONNEL LICENSING DEPARTMENT
CHECKLIST FOR UPSET PREVENTION AND RECOVERY TRAINING - UPRT
Name of Organisation:
By signing below, I, as an authorised person of NAME OF THE ATO, hereby confirm that the information given on this form are entirely true, accurate, and complete.
Signature
(Name - Last Name)
Date: DD MMM YYYY
Official Use Only
Evaluation Result: Accept Reject
This compliance check form has been verified by:
Signature
Name – Last Name
Date performed: DD MMM YYYY



## **Instructions**

- 1) ATO is to conduct a self-assessment as part of its compliance check by providing manual references into the 'Compliance checked by ATO'.
- 2) Each check list item shall be assessed and given a result either 'Satisfactory-(S)', 'Unsatisfactory-(U)' or 'N/A' by marking "X"
  - (a) 'S' refers to satisfactory level. It shall be given if the ATO is able to provide valid contents and details that comply with the requirements.
  - (b) 'U' refers to unsatisfactory level. it shall be given if the ATO is provide insufficient contents/details that comply with the requirement as well as impractical/non-realistic process or procedures that do not reflect an actual context and operations of the ATO.
  - (c) 'N/A' shall be given to indicate when information in a certain table cell is not provided, either because it does not apply to a particular case in question or because the answer is not available

PEL-TO-CK-021 Rev.02



No				Requi	red Infor	mation			
1	This UPRT training is part of		CPL Course		MPL Co	urse		Type-rating	
2	Type of Provider		ATO		AOC			Other, please specify	
3	Total hours of academic training	XXX		Hours					
	≥ 5 hours								
4	Total hours of practice training	XXX		Hours					
	≥ 3 hours								
5	UPRT Templates for ON-AEROPLANE Training	Ref: A-CA	AT-UPRT B.E. 2562,	, GM-CAAT-					
	have been used?	UPRT 201	9 Appendix 3			Yes	No		
	UPSET RECOVERY TEMPLATES (MULTI-CREW	Ref: A-CA	AT-UPRT B.E. 2562,	, GM-CAAT-					
	TRANSPORT TYPE AEROPLANE) have been used?	UPRT 201	9 Appendix 4			Yes	No		
5	Instructor(s) ref. GM-CAAT 2019 No. 15								
	Name – Last Name	License n	o. Completed	an approve	b	Passed skill t	ests by CAAT	Undergone Trainings as	Undergone periodic
			Instructiona	al Programme	ž			indicated in GM-CAAT 2019	training provided by AOC
								No. 15(3)	or ATO
	1)								
	2)								

## NOTE: Platforms of Training Codes

- Academic = (A);
- Aeroplane CPL/MPL = (B);
- Non-type FSTD MPL = (C);
- Type specific FSTD = (D)

PEL-TO-CK-021 Rev.02



			Sul	ojects a	nd Trair	ning elements						
Eleme	ent A: Aerodynamics		Comp	oliance		Reference	CAAT	Officials	Use On	ly		
			check	ked by		Eg. Section 1, Part 4, No. 5 Organisational Structure,						
			traini	ng prov	rider	p. xx						
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks		
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT										
		2019 Appendix 2										
		1) General aerodynamic										
		characteristics (A); (B); (C)										
		2) Advanced aerodynamics (A); (E	);									
		(C); and (D)										
		3) Areophane certification and										
		limitations (A); (B); and (D)										
	Lesson Plan and Training	4) Aerodynamics (high and low										
	hours	altitudes) (A); (B); (C); and (D)										
		5) Aeroplane performance (high										
		and low altitudes) (A); (B); (C);										
		and (D)										
		6) Angle of attack (AOA) and stal										
		awareness (A); (B); (C); and (D)										
		7) Stick shaker activation (A); (C);										
		and (D)										
		i) Stick pusher activation										
		ii) Mach effects – if applicab	9									
		to aeroplane type										



			Sub	jects ar	nd Train	ning elements					
Eleme	ent A: Aerodynamics		Compliance checked by training provider			Reference Eg. Section 1, Part 4, No. 5 Organisational Structure, p. xx	CAAT Officials Use Only				
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks	
		8) Aeropane stability (A); (B); (C); and (D) 9) Control surface fundamentals (A); (B); (C); and (D) i) Trims 10) Icing and contamination effects (A) 11) Propeller slipstream (as applicable) (A); (C); and (D)									
2	Training Location and Training Devices	CAAT-ATO-B.E.2562, Section 2, Clause 18 GM-CAAT-UPRT 2019 Appendix 4, Appendix 5									
3	Methods of Performance Evaluation	CAAT-ATO-B.E.2562, Section 2, Clause 18 GM-CAAT-UPRT 2019 No. 15									
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18									



	Subjects and Training elements												
Elem	ent B: Causes and contributing	factors of upsets	Comp	liance		Reference	CAAT	Officials	Use On	ly			
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,							
			trainir	ng provi	ider	p. xx							
No	Item	Regulatory requirement(s)	Yes	Yes No N/A			S	U	N/A	Remarks			
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT											
	Lesson Plan and Training	2019 Appendix 2											
	hours	1) Environmental (A) and (D)											
		2) Pilot-induced (A) and (D)											
		3) Mechanical (A) and (D)											
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,											
		Appendix 5.											
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Evaluation	GM-CAAT-UPRT 2019 No. 15											
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18											



			Sub	jects ar	nd Train	ing elements				
Eleme	ent C: Safety review of acciden	ts and incidents relating to aeroplane	Comp	liance		Reference	CAAT	Officials	Use On	ly
upsets	S		check	checked by		Eg. Section 1, Part 4, No. 5 Organisational Structure,				
			training provider		der	p. xx				
No	Item	Regulatory requirement(s)	Yes	Yes No N/A			S	U	N/A	Remarks
1	Lesson Plan and Training	A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT								
	hours	2019 Appendix 2: (A); (B); and (D)								
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,								
		Appendix 5								
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Evaluation	GM-CAAT-UPRT 2019 No. 15								
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18								



	Subjects and Training elements												
Eleme	ent D: G-awareness		Comp	liance		Reference	CAAT	Officials	Use On	ly			
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,							
			trainir	ng provi	der	p. xx							
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks			
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT											
		2019 Appendix 2:											
		1) Positive/negative/increasing/dec											
	Lesson Plan and Training	reasing g loads (A); (B); (C) and											
	hours	(D)											
		2) Lateral g-awareness (sideslip)											
		(A); (B); (C) and (D)											
		3) G-load management (A); (B); (C)											
		and (D)											
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,											
		Appendix 5											
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Evaluation	GM-CAAT-UPRT 2019 No. 15											
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18											



			Sub	jects ar	nd Train	ning elements				
Eleme	ent E: Energy management		Comp	liance		Reference	CAAT	Officials	Use On	ly
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,				
			trainir	ng provi	ider	p. xx				
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT								
		2019 Appendix 2:								
		1) Kinetic energy vs. potential								
	Lanca Diamand Turketa	energy vs chemical energy								
	Lesson Plan and Training	(power) (A); (B); (C) and (D)								
	hours	2) Relationship between pitch and								
		power and performance (A); (B);								
		(C) and (D)								
		3) Performance and effects of								
		differing engines (A); (B); (C) and								
		(D)								
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,								
		Appendix 5								
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Evaluation	GM-CAAT-UPRT 2019 No. 15								
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18								



	Subjects and Training elements												
Eleme	ent F: Energy management		Comp	oliance		Reference	CAAT	Officials	Use On	ly			
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,							
			trainir	ng prov	ider	p. xx							
No	Item	Regulatory requirement(s)	Yes	Yes No N/A			S	U	N/A	Remarks			
1	Lesson Plan and Training	A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT											
	hours	2019 Appendix 2:											
		1) Manual handling skills (A); (B);											
		(C) and (D)											
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,											
		Appendix 5											
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18											
	Evaluation	GM-CAAT-UPRT 2019 No. 15											
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18											



	Subjects and Training elements											
Eleme	ent <b>G</b> : Recognition		Comp	liance		Reference	CAAT	Officials	Use On	ly		
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,						
			trainir	ng provi	ider	p. xx						
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks		
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT										
		2019 Appendix 2:										
		1) Type – specific examples of										
		instrumentation during										
		developing and developed										
	Lesson Plan and Training	upset (A); (B); and (D)										
	hours	2) Pitch/power/roll/yaw (A); (B); (C)										
		and (D)										
		3) Effective scanning (effective										
		monitoring) (A); (B); (C) and (D)										
		4) Stall protection systems and										
		cues (A); (C) and (D)										
		5) Criteria for identifying stalls and										
		upset (A); (B); (C) and (D)										
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,										
		Appendix 5										
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Evaluation	GM-CAAT-UPRT 2019 No. 15										
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18										



	Subjects and Training elements											
Eleme	ent H: Upset prevention and re	ecovery techniques	Comp	liance		Reference	CAAT	Officials	Use On	ly		
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,						
			trainir	ng provi	ider	p. xx						
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks		
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT										
		2019 Appendix 2:										
		1) Timely and appropriate										
		intervention (A); (B); (C) and (D)										
	Lanca Diamand Tarinina	2) Nose-high/wings-level recovery										
	Lesson Plan and Training	(A); (B); (C) and (D)										
	hours	3) Nose-low/wings-level recovery										
		(A); (B); (C) and (D)										
		4) High bank angle recovery										
		techniques (A); (B); (C) and (D)										
		5) Consolidated summary of										
		Aeroplane recovery techniques										
		(A); (B); (C) and (D)										
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,										
		Appendix 5										
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Evaluation	GM-CAAT-UPRT 2019 No. 15										
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18										



			Sub	jects ar	nd Train	ning elements				
Eleme	ent I: System malfunction section	on	Comp	liance		Reference	CAAT	Officials	Use On	ly
			check	ed by		Eg. Section 1, Part 4, No. 5 Organisational Structure,				
			trainir	ng provi	der	p. xx				
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT								
		2019 Appendix 2:								
		1) Flight control anomalies (A); (B);								
		(C) and (D)								
		2) Power failure (partial or full) (A);								
	Lesson Plan and Training	(B); (C) and (D)								
	hours	3) Instrument failures (A); (B); (C)								
	Hours	and (D)								
		4) Automation failures (A); (C) and								
		(D)								
		5) Fly-by-wire protection								
		degradations (A); (C) and (D)								
		6) Stall protection system failures,								
		including icing alerting systems								
		(A); (C) and (D)								
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,								
		Appendix 5								
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18								
	Evaluation	GM-CAAT-UPRT 2019 No. 15								



	Subjects and Training elements											
Element I: System malfunction section			Compliance			Reference	CAAT	CAAT Officials Use Only				
			checked by			Eg. Section 1, Part 4, No. 5 Organisational Structure,						
			training provider		der	p. xx						
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks		
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18										



	Subjects and Training elements										
Eleme	ent J: Specialised training elem	nents sections	Compliance			Reference	CAAT Officials Use Only				
				checked by		Eg. Section 1, Part 4, No. 5 Organisational Structure,					
				ng provi	ider	p. xx					
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks	
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT									
		2019 Appendix 2:									
		1) Spiral dive (graveyard spiral) (A);									
		(B); (C) and (D)									
		2) Slow flight (B); (C) and (D)									
		3) Steep turns (B); (C) and (D)									
		4) Recovery from approach to									
		stall (B); (C) and (D)									
	Lesson Plan and Training	5) Recovery from stall, including									
	hours	uncoordinated stalls									
	nouis	(aggravating yaw) (B); (C) and (D)									
		6) Nose-high/high-speed recovery									
		(A); (C) and (D)									
		7) Nose-high/low-speed recovery									
		(B); (C) and (D)									
		8) Nose-high/low-speed recovery									
		(B); (C) and (D)									
		9) Nose-low/high-speed recovery									
		(B); (C) and (D)									
		10) Nose-low/low-speed recovery									
		(B); (C) and (D)									



	Subjects and Training elements											
Eleme	Element J: Specialised training elements sections		Comp	Compliance		Reference	CAAT Officials Use Only			ly		
			check	checked by		Eg. Section 1, Part 4, No. 5 Organisational Structure,	I					
			trainir	ng prov	ider	p. xx						
No	Item	Regulatory requirement(s)	Yes	Yes No N/A			S	U	N/A	Remarks		
		11) High bank angle recovery(B); (C)										
		and (D)										
		12) Line-oriented flight training										
		(LOFT) or line-operational										
		simulation (LOS) (C) and (D)										
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,										
		Appendix 5										
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Evaluation	GM-CAAT-UPRT 2019 No. 15										
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18										



Subjects and Training elements										
Eleme	Element K: Human Factors		Compliance			Reference	CAAT Officials Use Only			ly
		checked by			Eg. Section 1, Part 4, No. 5 Organisational Structure,					
			training provider			p. xx				
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks
1		A-CAAT-UPRT B.E. 2562, GM-CAAT-UPRT								
		2019 Appendix 2:								
		1) Situation awareness								
		i) Human information processing								
		(A); (B); (C) and (D)								
		ii) Inattention, fixation, distraction								
		(A); (B); (C) and (D)								
		iii) Perceptual illusions (visual or								
	Lesson Plan and Training	physiological) and spatial								
	hours	disorientation (A); (B); (C) and (D)								
		iv) Instrument interpretation								
		2) Startle and stress response								
		i) Physiological, psychological, and								
		cognitive effects (A); (B); (C) and								
		(D)								
		ii) Management strategies (A); (B);								
		(C) and (D)								
		3) Threat and error management								
		i) TEM framework (A); (B); (C) and								
		(D)								



	Subjects and Training elements											
Eleme						Reference	CAAT Officials Use Only					
						Eg. Section 1, Part 4, No. 5 Organisational Structure,						
			trainir	ng prov	ider	p. xx						
No	Item	Regulatory requirement(s)	Yes	No	N/A		S	U	N/A	Remarks		
		ii) Active monitoring, checking (A);										
		(B); (C) and (D)										
		iii) Fatigue management (A); (B); (C)										
		and (D)										
		iv) Workload management (A); (B);										
		(C) and (D)										
		v) CRM (A); (B); (C) and (D)										
2	Training Location and	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Training Devices	GM-CAAT-UPRT 2019 Appendix 4,										
		Appendix 5										
3	Methods of Performance	CAAT-ATO-B.E.2562, Section 2, Clause 18										
	Evaluation	GM-CAAT-UPRT 2019 No. 15										
4	Passing Requirements	CAAT-ATO-B.E.2562, Section 2, Clause 18										